



**Topic:** Mental health  
**Year group/s:** 6-7  
**Subject:** History

**NC link/s:**

KS2	KS3	
<b>Research using a range of sources</b>	<b>Key processes</b>	<b>Range and content</b>
Select and organise historical information	Identify a range of historical sources	The impact of movement and settlement of people
Local history study	Evaluate historical sources	Changing beliefs through time

**Time:** 2 hours (over 2 or more lessons) with an optional extra lesson for Key Stage 3

**Resources:** Poster sent to your school, computer suite/computers in class, webquests and A3 blank versions of the poster on the *Out of Sight, Out of Mind?* website, printer, 4 folders

**Learning outcomes:** By the end of these lessons pupils should be able to:

- Outline one aspect of the history of the psychiatric hospitals in St Albans
- Present this information to the rest of their class
- Evaluate different historical sources (Key Stage 3)

**Prerequisites:** None. These lessons are intended as introductory lessons for a cross-curricular project but could be also be used independently

Time	Details	Resources
Lesson 1		
5 minutes	<p>Use the poster that has been sent to you separately to introduce the <i>Out of Sight, Out of Mind?</i> project. The poster shows a map of the location of the former psychiatric hospitals around St Albans and some images related to two hospitals. Explain that the class will be doing artwork, drama, writing and philosophical enquiries on this topic, but first they will do a webquest to find out more about the history of the hospitals.</p>	Poster sent to your school (see Notes).
5 minutes	<p>Divide the class into 4 groups. Each group will have a different webquest (available as separate files, see Notes) on the following topics:</p> <ul style="list-style-type: none"> <li>• History of the hospitals</li> <li>• Real people's stories</li> <li>• War years</li> <li>• History of mental health treatment (this topic could be given to your G&amp;T pupils)</li> </ul>	
5 minutes	Go to the computer suite or set up computers in	Computer suite/

	<p>the classroom. Set up each pupil with the right webquest and ask them to follow the links, type in the answers to the questions on the file and save any downloads to the desktop or another folder.</p>	<p>computers in class. Webquests set up on computers. Internet access</p>
20 minutes	<p>Give pupils twenty minutes to work through the webquests.</p>	
10 minutes	<p>Ask pupils to talk to the rest of their group about the answers they found and decide what to print off to create their own history poster on the project.</p>	
15 minutes	<p>Print off the items that the pupils have decided on and create folders for each groups printing.</p>	Printer, folders
<b>Lesson 2</b>		
5 minutes	<p>Remind pupils that they will create history posters in groups for the <i>Out of Sight, Out of Mind?</i> project based on what they collected on their webquests.</p>	
10 minutes	<p>Give each group their folder full of printing and ask each group to go through the printing, decide what should go on their poster and in what layout (e.g. timeline, pictures with captions, one big picture</p>	<p>Folders full of printing A3 blank poster</p>

	with several small etc...).	
20 minutes	Ask each group to cut out and stick the bits of printing they want to use onto their poster.	Scissors, glue
25 minutes	Spend the rest of the lesson with each group sharing their poster with the rest of the class.	

### Key Stage 3 Differentiation/Extension

The following lesson plan could be an extension to lesson 1 above.

Time	Details	Resources
5 minutes	Explain to the class that they are going to evaluate the different types of sources collected as part of the <i>Out of Sight, Out of Mind?</i> project.	
5 minutes	Set up the class in the computer suite or with computers in the classroom with the webquest on historical sources.	Computer suite/ computers in classroom Webquest set up on each Internet access
30 minutes	Ask the class to work through the webquest, clicking the links and writing down answers in the file.	
20 minutes	Have an open class discussion about what types	

	of historic source they have identified and what the strengths and weaknesses of each are.	
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## Notes

If you have not received the poster, please contact Jo Askham, Arts Development Manager  
London Colney Recreation Centre, Perham Way, London Colney, Herts AL2 1LB  
t: 01727 827667      m: 07766 423033      e: [Jo.Askham@leisureconnection.co.uk](mailto:Jo.Askham@leisureconnection.co.uk).

One tip you can give your pupils is to go to the Edit button at the top of the web page and then click on Find on this page. Pupils can then type in a date or phrase to help them find information more quickly.